

## **Local Support Groups:**

1. Charlotte: Pet Grief Support Group with Dr. Ginny Dodd

Meetings are held on the second Thursday of each month from 7:00-8:00pm at Seigle Avenue Presbyterian Church in the library of the Hope Building at 600 Seigle Avenue at the corner of  $10^{th}$  Street in Charlotte. You may attend any number of meetings at no charge. Feel free to bring pictures, toys or other objects connected with your pet.

- Charlotte: Kristen McClure, MSW,LCSW Licensed Clinical Therapist, individual and/or family counseling available. 1515 Mockingbird Lane, Suite 814, Charlotte, NC 28209, (704) 525-8787, <a href="https://www.kristen-mcclure-therapist.com">www.kristen-mcclure-therapist.com</a>
- Asheville: Christy Gunther, MA, LPC, Pet Loss Support Group, 3 Woodfin Avenue, Asheville, NC 28804, meets at Unitarian Universalist Church of Asheville, One Edwin Place, Asheville, NC 28801, (828) 258-3229, <a href="mailto:cgunther@charter.net">cgunther@charter.net</a> (donation requested)
- 4. Burlington: Faithful Friends Pet Loss Support Group, Hospice of Alamance Caswell, 914 Chapel Hill Road, Burlington, NC 27215, (919) 532-7216, mi@hospiceac.org
- 5. Hillsborough: Unicorn Bereavement Center, Triangle Hospice, Hillsborough, NC (919) 644-6869

## By Telephone:

1. Florida Animal Health Foundation's Pet Grief Support Hotline

(800) 798-6196

Veterinary student volunteers from the University of Florida and members of the FAHF board of directors and volunteers will return calls every evening between 7 and 9 pm, 7 days a week.

2. Ohio State University College of Veterinary Medicine

(614) 292-1823

Monday – Friday 6:30pm – 9:30pm and Saturday and Sunday 10am – 4pm.

Hotline coverage is dependent on volunteer availability

3. Pet Loss Support Hotline

College of Veterinary Medicine

**Cornell University** 

(607) 253-3932

Tuesday, Wednesday, Thursday 6-9pm EST

- The lams Company maintains a special toll-free number for grieving pet owners. The lams Pet Loss Support Center & Hotline can be reached at: (888) 332-7738 Monday through Friday 8am to 5pm
- 5. Dove Lewis Emergency Animal Hospital Pet Loss Support Services

Providing free pet loss support groups in the Portland, Oregon area since 1986.

24 hour message line (503) 234-2061

Long distance calls will be returned collect.

E-mails can be sent to grief counselor, Director of Pet Loss Support Services, Enid Traisman, MSW at <a href="mailsology:right-equation-right

Visit their website at www.dovelewis.org

6. American Society for the Prevention of Cruelty to Animals (ASPCA)

Pet loss support program hotline: (877) 474-3310

7. College of Veterinary Medicine at the University of Illinois

http://vetmed.illinois.edu/

The C.A.R.E. Helpline is staffed by veterinary students who have received training by professional grief counselors and receive ongoing supervision by a licensed psychologist. People who are either grieving the loss of a companion animal, or are anticipating a loss are encouraged to call our toll-free line at: (877) 394-CARE.

8. Barbara Meyers

**Certified Grief Therapist** 

Staten Island, New York

(718) 720-5548

Home & office visits, Long Distance consultations, Groups (where appropriate)

Initial evaluation (by phone) available without cost.

Literature on loss, grief, mourning, hospice/comfort care management of chronic & catastrophic illness & behavior available on request.

9. Tufts University School of Veterinary Medicine Pet Loss Support Hotline

(508) 839-7966 Monday through Friday, 6-9 PM EST 24-hour voicemail.

Calls from outside of Massachusetts will be returned collect.

10. Washington State University, College of Veterinary Medicine

Pet Loss Partnership, Pullman, WA (509) 335-5704

Phones are staffed Monday, Wednesday, Thursday 6:30 – 9:00 PM and Saturday 1:00 – 3:00 PM Pacific Time. Messages can be left 24 hours a day and will be returned as soon as possible.

11. The Virginia-Maryland Regional College of Veterinary Medicine

Tuesday, Thursday 6-9 PM Eastern Time (540) 231-8038

12. Iowa State University Toll-free Pet Loss Support Hotline (888) 478-7574

Hours of operation: September – April: 7 days a week, 6:00 – 9:00pm CST

May – August: Monday, Wednesday, Friday, 6:00 – 9:00pm CST

13. University of Florida Pet Loss Support Hotline, Gainesville (352) 392-4700, ext. 4080

Calls will be returned 7:00 PM to 9:00 PM EST

http://neuro.vetmed.ufl.edu/alt\_med/petgrief/petloss.htm

This hotline will call back anyone, anywhere, at no cost to the caller.

## **Counselors:**

- Asheboro: Judith Stutts, PhD, Pet Bereavement Counseling, (336) 625-1400, jcstuttsphd@petloss.org, http://www.petloss.org
- 2. Asheboro: Laurel Reinhardt, PhD, 82 Pressley Road, Asheville, NC 28805, (828) 215-7424, <a href="mailto:lnnerLandscaping@aol.com">lnnerLandscaping@aol.com</a>
- 3. Greensboro: Peggy Haymes, M.Div., MA, 620 N. Elm Street, Greensboro, NC 27401, (336) 378-0801
- 4. Raleigh: Tracie Barton-Barrett, MS, NCC, LPC (919) 559-4379, http://www.AnimalsConnectUs.com, Tracie@AnimalsConnectUs.com
- 5. Raleigh: Amy Benton Moulds, Med, NCC (919) 272-1388 or (919) 772-9371
- Winston-Salem: Rev. Susannah Crolius, 2247 Queen St, Winston-Salem, NC 27103, (336) 716-4745
- 7. Winston-Salem: Peggy Haymes, 453 West End Boulevard, Winston-Salem, NC 27101, (336) 750-0706